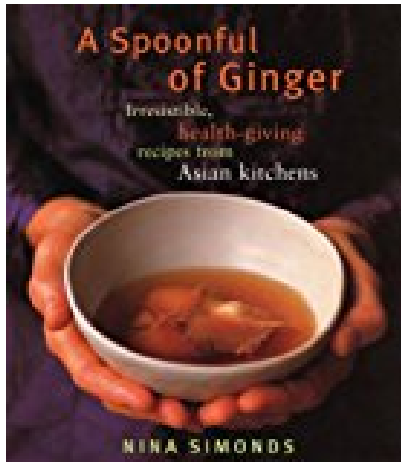


A Spoonful of Ginger Irresistible Health-Giving Recipes from Asian Kitchens



BOOK DETAILS

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- Pages : 336 Pages
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BOOK SYNOPSIS

Introduces 200 recipes based on the Asian philosophy of food and the balance of yin and yang, including specialty recipes to soothe a variety of illnesses and ailments

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