

# Mezzogiorno Southern Italian Cooking

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## BOOK DETAILS

- Author : Francesco Mazzei
- Pages : 288 Pages
- Publisher : Random House UK
- Language : English
- ISBN : 1848094639

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## BOOK SYNOPSIS

Francesco Mazzei hails from Calabria - the toe on Italys boot and the region noted for producing nduja (a spicy, spreadable pork sausage). Like nduja, Mazzei has come to prominence in the last few years impressing fellow chefs, bloggers and critics alike. From making ice cream at his uncles gelateria at the age of nine to working at Londons prestigious Dorchester Hotel and on the pastry sections at Hakkasan and Yautcha, Mazzei has led a varied career that has straddled Rome, Edinburgh, London, Bangkok (where he opened an Italian restaurant at the Royal Sporting Club) and Calabria. He opened LAnima in 2008, which became one of the leading lights of Londons collection of Italian restaurants - Many lay claim to being number one Italian restaurant, but Francesco Mazzeis LAnima has the edge (The Observer, 2013). Signature dishes at LAnima - such as Charcoal scallops with nduja and salsa verde and Spit roast leg of lamb with cannellini beans and black cabbage - offer prime examples of a style that marries rustic Calabrian flavours with Modern European precision. His next project opens in Autumn 2015 with the relaunch of Sartoria in Mayfair. This, his first book, is a straightforward 80 terrific southern Italian recipes with an introduction to the food of Southern Italy.

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